

EONS Cancer Prevention Plan

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Cancer Prevention

- At least 40-50 % of the cancer cases in Europe could be prevented or detected earlier
- Most effective cancer control strategy!
- Dramatic improvements could be gained by
 - Raising awareness
 - Addressing cancer risk factors
- **Action is needed! NOW!**



Cancer Prevention

- Nurses are particularly suited
- Trusted profession, impact patients, families and general public
 - Experts in health promotion
 - Lifestyle changes
 - Supporting self-management
 - Person-centered and family-oriented care
 - Psychosocial support
 - Education and information.... etc



Expanding nursing roles in cancer prevention

- Traditionally mostly involved in secondary prevention
 - Intervening with cancer patients and their families during treatment, follow-up, survivorship
- Room for expanding primary prevention roles
 - Health promotion (all ages)
 - Vaccination and screening programs
 - Self breast-, testicle-, skin examination
 - General public and patients with other medical conditions



EONS Cancer Prevention plan, rationale

- **Europe's Beating Cancer Plan**
... EU promise actions to give people the tools they need to make healthier choices...
- **European Code Against Cancer**
 - 12 evidence-based recommendations
 - Better awareness needed!
- **The Sustainable Development Goals (UN)**
...The world needs more impact from nurses to achieve universal health coverage by 2030...
...Nursing need to move to higher levels of leadership, advocacy and policy making....



What EONS has to offer?

- Umbrella organization for nurses in wider Europe
 - 28 000 members in 32 countries
- Leading nursing experts in all different fields of cancer care
- Excellent track-record in education, research, communication and advocacy work
 - Well established Cancer Nursing Education Framework
 - European College in Cancer Nursing
- Young Cancer Nursing Network
- Close collaboration with other organisations



EONS Cancer Prevention plan

- A number of activities
- **ECND2021**, cancer prevention from a cancer nursing perspective
- **ECND 2022**, cancer prevention targeting the general public
- **12-month campaign on cancer prevention** (start May 2022)
 - Based on European Code Against Cancer
 - Focus on one recommendation for each month
 - Collaboration with other organizations
 - Physical and online events



EONS Cancer Prevention plan

- **Education programs for nurses and general public**
 - Developed by EONS Education Working Group
 - Online education programme for nurses across Europe
 - Preliminary idea to develop podcasts related to melanoma prevention
- **Research project**
 - Developed by EONS Research Working Group
 - Systematic review
- **Young Cancer Nursing Network**
 - Mini-conference for summer 2022
 - Blog
 - Webinars





**Many cancers could be
prevented or detected earlier.
Join us to help implement
EONS Cancer Prevention Plan!**

#ECND21Go4Prevention

www.cancernurse.eu/ECND2021

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Thank you!

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